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Fall 9-1-2006

### RES 131T.01: Respiratory Care Fundamentals

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**THE UNIVERSITY OF MONTANA-MISSOULA  
COLLEGE OF TECHNOLOGY  
RESPIRATORY CARE PROGRAM**

**COURSE SYLLABUS**

**COURSE NUMBER AND TITLE:** RES 131T Respiratory Care Fundamentals

**DATE REVISED:** Fall 2006

**SEMESTER CREDITS:** 6

**CONTACT HOURS PER SEMESTER:**

Lecture hours per week: 6

Lab hours per week: 1

**PREREQUISITE:** Completion of Core Requirements, Acceptance into Respiratory Care Program

**FACULTY:**

Bob Wafstet

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**RELATIONSHIP TO PROGRAM:**

This course offers the students the opportunity to develop fundamental knowledge of basic respiratory care prior to entry into clinical practice.

**COURSE DESCRIPTION:**

An orientation to basic respiratory care science including the application of principles of physics. Emphasis is on theory, operation and troubleshooting of equipment used at the entry level of practice. Microbiology in relation to equipment processing, pulmonary rehabilitation and home care are also covered.

**STUDENT PERFORMANCE OUTCOMES:**

Upon completion of the course the student will be able to:

1. Describe the methods of equipment cleaning.
2. Describe all aspects of pulmonary functions and discuss abnormalities.
3. Discuss the basics of electrocardiography to include lead placement, purposes, and interpretation.
4. Explain the principles of operation, indications, and trouble shooting steps for all equipment introduced in the class.

**METHODS OF INSTRUCTION:**

Lecture, reference reading, group discussion, and lab exercises.

**STUDENT ASSESSMENT METHODS AND GRADING PROCEDURES:**

<i><b>EXAMS</b></i>		<i><b>GRADING SCALE</b></i>			
Unit Exams	70%	A = 4.0	95-100%	B- = 2.67	80-83%
				D+ = 1.33	67-69%
Assignments	10%	A- = 3.67	90-94%	C+ = 2.33	77-79%
				D = 1.00	64-66%
Pop Quizzes	5%	B+ = 3.33	87-89%	C = 2.00	74-76%
				D- = .067	60-63%
Final Exams	15%	B = 3.00	84-86%	C- = 1.67	70-73%
				F = 0.00	

Students in the Respiratory Care Program must have a “B- ” final grade in order to progress within the program.

Test questions will be based on unit objectives. Unit objectives are to be used as study guides.

**ATTENDANCE:**

Class attendance is an integral part of this course. The test dates are included in this syllabus. Pop quizzes will be given randomly throughout the semester. Failure for the quizzes will result in a zero being recorded and used in computing your average.

**OTHER POLICIES:**

**ACADEMIC MISCONDUCT:** All students must practice academic honesty. Academic misconduct is subject to an academic penalty by the course instructor and/or a disciplinary sanction by the University.

All students need to be familiar with the Student Conduct Code. The Code is available for review online at <http://www.umt.edu/SA/VPsA/index.cfm/page/1321>.

**DISABILITIES:** Eligible students with disabilities will receive appropriate

accommodations in this course when requestd in a timely way. Please speak with me after class or in my office. Please be prepared to provide a letter from your DSS Coordinator.

### **CELL PHONES/PAGERS:**

Due to an increasing number of students who own and use cell phones and pagers, it has become necessary to institute a policy regarding these tools during class times. As you are aware, these tools are distracting to an entire class. However, some students require them for business which allows them to further their education. Please follow these guidelines:

1. If the cell phone/pager is not business or emergency related, please turn it off.
2. Use the vibrating option on your pager.
3. Do not listen to the messages in class. Leave class quietly.
4. ***CELL PHONES AND PAGERS MUST BE TURNED OFF DURING EXAM AND CLASS PRESENTATIONS.***

### **SEATING:**

Many classrooms have chairs to accommodate persons with disabilities. These chairs will display the international disability symbol and are assigned to a particular student. Please refrain from using these chairs or making adjustments to them unless the chair is assigned to you. If you think you may have the need for a specific chair, please contact Disability Student Services. Thank you for your cooperation.

### **TEST/QUIZ MAKEUP:**

Make-up exams and lab experiences will only be given under extreme circumstances and then only if:

- a) permission is granted ***in advance*** by the course instructor, or b) a written excuse is provided by a medical doctor. The burden of proof is on the student, so you must document and prove a justifiable absence. Not following this procedure prior to the exam will automatically result in a zero score being recorded. Missed tests need to be made up within one week of the original date given. You are responsible for contacting the Academic Support Center to schedule the make-up. Failure to do so will result in a ***ZERO*** grade for the missed test.

The faculty senate guidelines concerning the issuance of incomplete grades will be followed. Attention to critical dates such as P/NP, drop, etc. is in the responsibility of the student. Students wishing to drop the class after the drop deadline will need a documented justifiable reason for doing so. Dropping the class for fear of bad grade or to protect a GPA are ***not*** justifiable reasons. The principles embodied in the **Student Handbook Code** will be adhered to in this course.

**REQUIRED TEXTS:**

**TITLE:** Egan's Fundamentals of Respiratory Care, 8<sup>th</sup> Edition  
**AUTHOR:** Wilkins, et al  
**PUBLISHER :** Mosby

**TITLE:** Study Guide To Accompany Egan's fundamentals of Respiratory Care, 8<sup>th</sup> Edition  
**AUTHOR:** Wehrman  
**PUBLISHER :** Mosby

**TITLE:** Clinical Assessment in Respiratory Care, 5<sup>th</sup> Edition  
**AUTHOR:** Wilkins, et al  
**PUBLISHER :** Mosby

**TITLE:** Mosby's Respiratory Care Equipment, 7<sup>th</sup> Edition.  
**AUTHOR:** Cairo, et al  
**PUBLISHER :** Mosby

**TITLE:** Basic Lab Competencies for Respiratory Care, 4<sup>th</sup> Edition  
**AUTHOR:** White, et al  
**PUBLISHER :** Delmar

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RES131

**THEORY:**

Monday and Wednesday 8:10 a.m. - 11:00 a.m.  
Friday arranged.

**THE UNIVERSITY OF MONTANA-MISSOULA**  
**COLLEGE OF TECHNOLOGY**  
**RES 131T RESPIRATORY CARE FUNDAMENTALS**

**COURSE OUTLINE:**

**I. INTRODUCTION TO RESPIRATORY CARE**

- A. History
- B. Professional Associations

**II. METRICS PHYSICAL PRINCIPLES OF RESPIRATORY CARE**

- A. Measurement and Scientific Notation
- B. Physical Principles of Respiratory Care
- C. Equipment Processing

**III. STORAGE AND DELIVERY OF MEDICAL GASES**

- A. Characteristics of Medical Gases
- B. Storage of Medical Gases
- C. Distribution and Regulation of Medical Gases

**IV. MEDICAL GAS THERAPY**

- A. Oxygen Therapy Rational
- B. Fluid Dynamics
- C. Oxygen Delivery Systems: Design and Performance
- D. Oxygen Therapy in Alternative Settings
- E. Hyperbaric Oxygen Thereapy
- F. Other Medical Gas Therapies
- G. Measuring FIO<sub>2</sub>
- H. Oximetry

**V. HUMIDITY AND BLAND AEROSOL THERAPY**

- A. Humidity Therapy
- B. Bland Aerosol Therapy
- C. Selecting the Appropriate Therapy

**VI. AEROSOL DRUG DELIVERY**

- A. Characteristics
- B. Hazards
- C. Delivery Systems
- D. Assessment-based Protocols
- E. Special Considerations
- F. Environmental Contamination

**VII. LUNG EXPANSION THERAPY**

- A. Causes and Types of Atelectasis
- B. Indications for Lung Expansion Therapy
- C. Clinical Signs of Atelectasis
- D. Lung Expansion Therapy
- E. Incentive Spirometry
- F. Intermittent Positive Pressure Breathing (IPPB)
- G. Positive airway Pressure (PAP) Therapy
- H. Selecting an Approach

**VIII. BRONCHIAL HYGIENE THERAPY**

- A. Physiology of Airway Clearance
- B. General Goals and Indications
- C. Determining the Need for Bronchial Hygiene Therapy
- D. Bronchial Hygiene Methods
- E. Selecting Bronchial Hygiene Techniques
- G. Protocol-Based Bronchial Hygiene

**IX. CPR**

- A. BLS Certification
- B. Basic Airway Management

**X. CARDIOPULMONARY REHABILITATION**

- A. Definitions and Goals
- B. Historical Perspective
- C. Scientific Bases
- D. Pulmonary Rehabilitation Programming
- E. Smoking Cessation



**XI. RESPIRATORY CARE IN ALTERNATIVE SETTINGS**

- A. Recent Developments and Trends
- B. Definitions and Goals
- C. Standards
- D. Traditional Acute Care Versus Postacute Care
- E. Discharge Planning

**WEEKLY PLAN:**

Refer to the attached. Class Schedule is subject to change as necessary but revolves around the test schedule.

**TEST SCHEDULE**

<b>DAY</b>	<b>DATE</b>	<b>UNIT</b>
Friday Respiratory Care	September 1	I. Introduction to
Monday Principles of Care/Equipment	September 18	II. Metrics Physical Respiratory Processing
Monday	September 25	III. Storage and Delivery of Medical Gases
Monday	October 9	IV. Medical Gas Therapy
Monday Aerosol Delivery	October 23	V. Humidity and Bland, Therapy/Aerosol Drug
Monday Therapy	November 6	VI. Lung Expansion
Monday Therapy	November 20	VII. Bronchial Hygiene
Friday Management	December 1	VIII. Basic Airway
Monday Rehabilitation/ Alternative	December 11	IX. Cardiopulmonary Respiratory Care in Care Settings
Wednesday	December 13 (8:00-10:00)	Comprehensive Final

\* Dates are subject to change at instructor's discretion.

**STUDENT LEARNING ACTIVITIES:**

1. Read assigned material.
2. Attend class and take notes.
3. Do work sheets/exercises in text and study guide.
4. View film strips and videos as offered.
5. Take and review unit test.